



The Messenger

Zion Lutheran Church in Minneapolis, ELCA
Volume 13 Issue 10 October 2018

Our Mission Statement:

To put the love of Jesus into action by worshiping together, embracing an inclusive spirit, and building community in the Lyndale Neighborhood.

Hello Zion Lutheran!

As you read this I will hopefully be away on maternity leave. Even though I am most likely sleep deprived, you all will be in my thoughts and prayers while I am gone. In the meantime, every fall I love to pull out this poem by Pastor Steve Garnaas-Holmes. Fall is my favorite season and this poem reminds me to embrace the change of the season, to let go and become.

Happy Fall!
Pr CJ

Poem can be found on pg. 4



Lyndale Neighborhood news to change its name.

More information on pg. 2

All Saints Sunday.



More information on pg. 3

99%

of all of Sweden's household waste is recycled in some way.

50% is burned to produce energy

Turn to page 2 for more fun facts about Sweden

Upcoming Dates		Inside This Issue	
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Starting this month the Lyndale and Bryant newspaper is joining with Central Neighborhood to deliver local news.

The greatest new development is they have a new layout which will allow all content to be printed in both English and Spanish. In the past the only section in Spanish seemed to be an advertisement for the ESL (English as a second language) classes. While those classes are important this will feel more inclusive and welcoming.

Besides the expanded neighborhood coverage you will still see the usual art and culture stories, information on political candidates, some school announcements, invites to local events, and a community calendar.

This publication is looking for your help in giving it a name. If you have suggestions on a name, Erin Cary wants to hear from you.

Contact her via e-mail at Erin@lyndale.org

Swedish Facts



- In 1959, Volvo Motorcars launched their groundbreaking three-point seatbelt. It has been estimated that since then, seatbelts have saved 1,000,000 lives.
- Sweden has their own National font. "Sweden Sans" is sadly not available in this publication.
- Sweden has 95,700 lakes measuring 100m x 100m or larger. One of them is named Lördagsträsk. In English "Saturday Swamp"
- 20,000,000 Semlas, small cream filled buns, are consumed in Sweden every year.
- Spending your Summer on the Pitea River will give you 56 days of round the clock daylight. Winter, on the other hand, means 32 days of pure darkness.
- 20,000-40,000 Sami live in Sweden. An indigenous people that Since 1993 they have had their own Parliament. Their population is anywhere from 80,000-100,000 spread across 4 nations. Sweden, Norway, Denmark, and Russia.

Applesauce Date Cake

Ingredients

- 2 cups flour
- 2 tsp baking soda
- 1 tsp cinnamon
- 1/2 tsp all spice
- 1/2 tsp nutmeg
- 1/4 tsp clove
- 1/4 tsp salt
- 2 eggs
- 1 cup packed brown sugar
- 1/2 cup butter
- 2 cups warmed applesauce
- 1 cup chopped dates
- 1/2 cup chopped walnuts

Frosting ingredients

- One 3 oz package of cream cheese
- 1 tbs butter
- 1 tsp vanilla
- 2 cups confectioners sugar (powdered sugar)

Directions

Preheat oven to 350° F

Sift together the flour, baking soda, salt, spices, and salt. Add the eggs, sugar, butter, and one cup of the warmed applesauce. Beat until well combined. Add the second cup of applesauce, dates, and walnuts. Beat one minute longer. Pour into greased and lightly floured 9x13 cake pan.

Bake 40-50 minutes. Remove from oven and allow to cool 10 minutes in the pan. Turn out onto cooling rack.

Cream together the frosting ingredients. Beat until smooth and fluffy. Spread on cake.

Recipe Courtesy of Elaine Gonske

Continue eating like a Lutheran on Saturday, October 27th.

Zion's Annual Meatball and Lutefisk dinner. Doors open at

3:00pm for the Quilt and Bake sale. View the items in the raffle and buy your tickets.



Dinner begins at 4pm.

Announcements

Bereavement Announcement

Vicki Bennett, long time Zion Member and daughter of LaVonne Holden, died the afternoon of Friday, October 19th. Her memorial service will be Tuesday, October 30th at Zion Lutheran Church. Pastor Eva Jensen will officiate. Visitation will be at 2:00pm and the service will be at 3:00pm. Following the service there will be a time for visiting in the Banquet Hall. Coffee and Cake will be served. Please keep her family in your prayers.

ZOOM FOOD SHELF REPORT ... Donations are up — not only from Zion but from other partner churches and donors. That's good because the visits to the Food Shelf have increased. Zion's "ZOOM Can Do Sunday" plays a big role in keeping the food shelf stocked. Toilet paper and paper towels are hard to keep on hand, dish & laundry soap goes fast, too. Cleaning supplies of all sorts are a hot item. Non perishable foods are great! Canned vegetables, cereal, and instant potatoes also go quickly. And the List goes on and on. Your sharing with our ZOOM neighbors is generous... everyone who comes to the Food Shelf expresses their appreciation for the gifts they receive! On their behalf — THANK YOU!

ZOOM Can Do is the Third Sunday of each month — watch for the grocery cart in the Sanctuary.

Anniversary Update: Our fourth, and last, 125th Anniversary event will be an All Saints Sunday worship on November 4th, with Pastor Jason Van Hunnik preaching. We will remember and honor the charter members of Zion as well as all the Zion Saints who have shared the ministry of Zion on the corner of West 33rd & Pillsbury since 1893! A special Coffee Hour will follow the worship service.

COFFEE HOUR HOSTS are still needed for Sundays in November. The 11th, 18th and 25th are currently without a host. It's easy to do – don't have to shop or bake – Gary brings the goodies before Sunday ... Hosts dish them up, put them on the table, clean up – obviously a 'shorthand version' of what it takes to be a Coffee Hour Host... there's a list that helps you if you have not done it before ... Check out the schedule posted on the bulletin board in the hallway outside the office for open Sundays – or talk to Deana to schedule a Sunday.

Attention all Septuagenarians... a financial tip for members who are at least 70 1/2 years old. If you will be receiving an RMD (Required Minimum Distribution) at the end of the year, did you know that you can make a gift directly from the fund, to Zion (or a qualified charity) out of your RMD before it comes to you? By doing so, you do not pay taxes on that amount! Example: request that \$1,000, or more, be directed to Zion before the end of the year from your RMD — that gift reduces the amount of your RMD that is taxable. If you are a Thrivent member, talk to your rep or Financial Planner.

October Birthdays!

4 Karl Werneke
5 Ellie Courtemanche
6 Joan Konigson
15 Joh Pietz
18 Gary Larsen
24 Ben Accola
29 Harlan Lewis



Zion Lutheran Church
128 West 33rd Street
Minneapolis, MN 55408

Office Hours: Mon-Thur 12pm-4pm
Closed on Fridays & Holidays

Office Phone: 612-824-1017

Office Fax: 612-822-2510

Website: www.zionchurchmpls.org

Zion's Staff Members

CJ Valenti, Pastor
(612) 824-1017 ext. 11
cj@zionchurchmpls.org

Josiah Owen, Office Admin-
Building Steward
(612) 824-1017 ext. 10
josiah@zionchurchmpls.org

Zion's Council Members

Ben Accola, President
Doug Harrison, Vice President
Farrah Frye, Secretary
Carl Hendrickson, Treasurer
Sue Ann Westphal, Financial Secretary
Stan Due, Member
Kirsten Anderson, Member
Gary Larsen, Member
Justin Snesrud, Member

Being Trees in Autumn
From the blog, Do Not Be Anxious About
Tomorrow by Steve Garnaas-Holmes

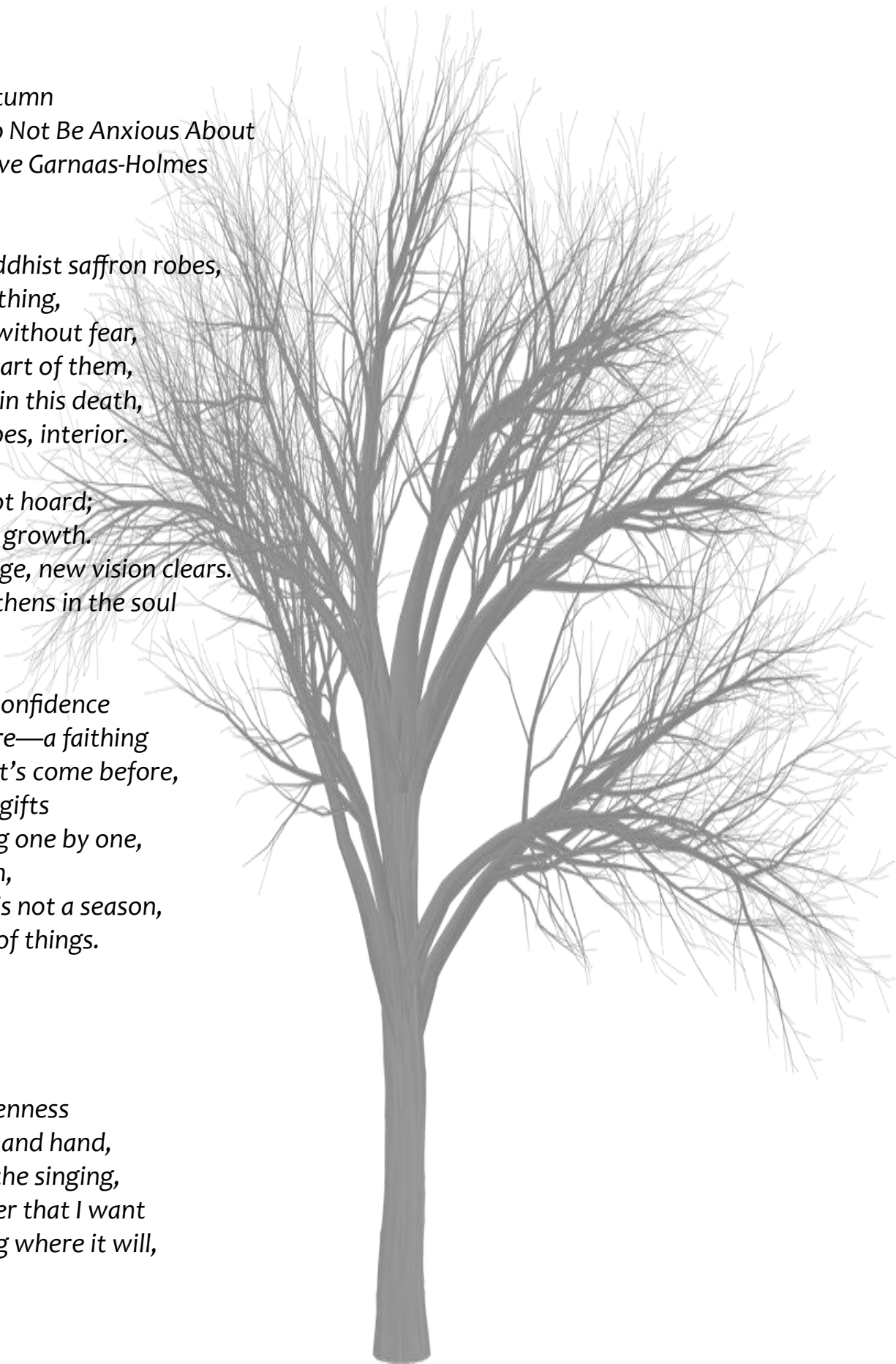
*These trees in Buddhist saffron robes,
renouncing everything,
becoming naked without fear,
in wind that is a part of them,
disclose a beauty in this death,
become new shapes, interior.*

*To live they cannot hoard;
this losing, too, is growth.
New shapes emerge, new vision clears.
Surrender strengthens in the soul
another song.*

*This emptying is confidence
in spring, but more—a faithing
in the growth that's come before,
a counting of the gifts
and then releasing one by one,
so as to give again,
knowing growth is not a season,
but is in the root of things.*

*This is no losing,
but a becoming.*

*Coveting such openness
of limb and heart and hand,
such bareness in the singing,
I only now discover that I want
this wind, blowing where it will,
within.*



Ministry Team Highlights

Property

(Stan Due, Deana Miller, Josiah Owen, Dale Mendenhall, Mark Fandrey, Gary Larsen, and Douglass Johnson)

It's been an extremely busy time for Property folks — especially Carl — as we have been hustling to follow up on all the “requirements for change” given us by the Fire Inspector. There are pages of requirements to be completed by October 29th OR be subject to ‘monetary fines’ for each undone requirement. Some changes you will notice — like new exit lights, door closures on more doors, cluttering items moved out of Heritage Hall, pantry cleared out, new cabinet in Banquet Hall... some you may not notice — like new smoke alarms, items switched from Laundry Room to Furnace Room and vice versa... and more!

We've also spent time cleaning & organizing the Nursery, making it more toddler friendly. We still have more work to do there, but there is progress!

Our THANKS to all the volunteers who have been spending hours on this — especially Carl who has spent DAYS... all in efforts to meeting the requirements.

Finance & Stewardship

(Carl Hendrickson, Stan Nelson, Ben Accola, Gary Larsen) Purpose: Supporting the mission of the church by being fiscally responsible, encouraging stewardship of time and talents and inspiring faithful giving.

By now you may have driven on the newly resurfaced roads along two sides of Zion. We have 395.3 feet of new roadway adjoining the property. Zion has been assessed \$24,701.03 for this improvement. We feel that a special appeal will be necessary to achieve this amount or a large portion (half) of the assessment the rest coming from other assets. By paying off the assessment now we will save thousands of dollars and will not have to deal with this added expense for the next five years in our annual budgets.

The Special Appeal for the road resurfacing assessment was mailed on Sept 13. Funds are due October 15 or before. This appeal is totally separate from your regular pledge giving.

Pledge Sunday this year will be on November 11. Thank you for your generous support.

P.S. The treasurer will accept Special Appeal funds even if they are a little late.

Birth Announcements!

Please welcome,

Lucy Margaret Berndt



and

Theodore Francesco Valenti.



SEPTEMBER/OCTOBER 2018 CALENDAR

Sunday, October 21

ZOOM Can Do!

10:00am Zion Worship
10:00am CLG Sunday School
11:00am Coffee & Fellowship
11:30am Forum on Energy & Equity
11:30am CLG Worship
3:00pm La Barca de Jesus worship

Monday, October 22

2:00pm Food Shelf

Tuesday, October 23

9:00am Quilters
9:00am Youth Farm Meeting

Wednesday, October 24

10:30am Youth Farm Meeting
1:00pm Office Helpers
4:30pm Zoom House Halloween Party
6:00pm Lyndale Community Dinner

Thursday, October 25

10:00am Youth Farm Meeting
2:00pm Food Shelf

Friday, October 26

OFFICE CLOSED
6:00pm La Barca de Jesus

Saturday, October 27

9:00am M & L Prep
3:00pm Bake Sale & Quilt Sale
4:00pm Meatball and Lutefisk dinner

Sunday, October 28

10:00am Zion Worship
10:00am CLG Sunday School
11:00am Coffee & Fellowship
11:30am CLG Worship
3:00pm La Barca de Jesus worship

Monday, October 29

2:00pm Food Shelf

Tuesday, October 30

9:00am Quilters
9:00am Youth Farm Meeting

Wednesday, October 31

HAVE A SAFE & HAPPY HALLOWEEN
10:30am Youth Farm Meeting
1:00pm Office Helpers
6:00pm Lyndale Community Dinner

Thursday, November 1

4:00pm Piano Lessons

Friday, November 2

OFFICE CLOSED
6:00pm La Barca de Jesus Bible Study

Saturday, November 3

9:30am Property Work Day

Sunday, November 4

ALL SAINTS SUNDAY

2:00am Daylight Savings ends
10:00am Zion Worship
10:00am CLG Sunday School
11:00am All Saints Brunch
11:30am CLG Worship
3:00pm La Barca de Jesus worship

Monday, November 5

2:15pm Piano Lessons, Fireside

Tuesday, November 6

GO VOTE!

9:00am Quilters
9:00am Youth Farm Meeting
1:00pm Quilters in Fireside
5:00pm Piano Lessons

Wednesday, November 7

10:30am Youth Farm Meeting
1:00pm Office Helpers
5:00pm Free Flu Shot Mini-Clinic
6:00pm Lyndale Community Dinner

Thursday, November 8

4:00pm Piano Lessons

Friday, November 9

OFFICE CLOSED
6:00pm La Barca de Jesus

Saturday, November 10

Sunday, November 11

STEWARDSHIP SUNDAY

10:00am Zion Worship
10:00am CLG Sunday School
11:00am Coffee & Fellowship
11:30am CLG Worship
3:00pm La Barca de Jesus worship

Monday, November 12

2:15pm Piano Lessons

Tuesday, November 13

9:00am Quilters
9:00am Youth Farm Meeting
1:00pm Quilters in Fireside
5:00pm Piano Lessons

Wednesday, November 14

10:30am Youth Farm Meeting
1:00pm Office Helpers
5:00pm Property Committee mtg.
6:00pm Lyndale Community Dinner

Thursday, November 15

2:00pm Food Shelf
4:00pm Piano Lessons

Friday, November 16

OFFICE CLOSED
6:00pm La Barca de Jesus

Saturday, November 17

Sunday, November 18

ZOOM Can Do!

10:00am Zion Worship
10:00am CLG Sunday School
11:00am Coffee & Fellowship
11:30am CLG Worship
3:00pm La Barca de Jesus worship

Monday, November 19

2:00pm Food Shelf
2:15pm Piano Lessons

Tuesday, November 20

9:00am Quilters
9:00am Youth Farm Meeting
1:00pm Quilters in Fireside
5:00pm Piano Lessons
5:30pm Zion Executive Mtg.
6:30pm Zion Council Mtg.

Wednesday, November 21

10:30am Youth Farm Meeting
1:00pm Office Helpers
6:00pm Lyndale Community Dinner

Thursday, November 22

HAPPY THANKSGIVING

LAST MONTH'S ALTAR FLOWERS



September 2	September 9	September 16	September 23	September 30
Tom and Gayle Ellingson	IMO William Miller	Riley Fuentes' 10th birthday		

SERVING ON SUNDAY MORNINGS

	October 21	October 28	November 4	November 11	November 18
Worship Leaders	Servant Team 3	Servant Team 4	Servant Team 1	Servant Team 2	
Offering Counters	SueAnn Westphal and Kara Elison	SueAnn Westphal and Sandy Johnson	Gary Larsen and Sharon Hendrickson	Gary Larsen and Tammy Fuentes	Gary Larsen and Mark Fandrey
Coffee Hour Host(s)	Jeanna Yeakle and Liz Heal	Wade McLaughlin	125th Anniversary Committee		

A LOOK AT THE NUMBERS

A Summary from the Finance/Stewardship Committee

	August Actual	August Projected	YTD Actual	YTD Projected
Income	\$14,927	\$15,016	\$144,215	\$143,764
Expenses	(\$15,831)	(\$16,064)	(\$145,137)	(\$144,196)
Net Income	(\$904)	(\$1,048)	(\$922)	(\$432)
Pledges	\$9,837	\$8,800	\$84,535	\$79,200

The committee continues to monitor monthly the income and expenses. We encourage you to sign up for Simply Giving in 2018. Call the church office if you are interested in enrolling in the Simply Giving program. Income exceeded budget projections in the following areas: Pledges and LCD Spec. Gifts. Expenses exceeded budget projections in

the following areas: Worship committee, LCD, utilities, and Stewardship. Thank you to all who have given and continue to support our ministry at Zion. A copy of the Treasurer's Report is posted on the bulletin board in the Banquet Room. **Please respond to our Special Appeal for the road resurfacing assessment. It would be wonderful to not have to worry about that for the next five years. It's never too late to contribute.**

August Worship Attendance

1st Sunday	2nd Sunday	3rd Sunday	4th Sunday	5th Sunday
53	36	73	50	47

Average Sunday Attendance: 52

Current Committee members: Ben Accola, Carl Hendrickson,

Gary Larsen, Stan Nelson



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128 West 33rd Street
Minneapolis, Minnesota, 55408
Ph: 612-824-1017
Fax: 612-822-2510
Web: www.zionchurchmpls.org
A reconciling in Christ congregation.

Place mailing label here.



Zion's Schedule

Sundays

10:00am Worship & Holy Communion
11:00am Coffee & Fellowship

Wednesdays

6:00pm Lyndale Community Dinner

Office Hours:

12:00pm - 4:00pm Monday - Thursday
We are closed on Fridays and Holidays.

*Zion is a little church with a BIG heart.
We show up with purpose because
we believe our lives are useful
and the world needs places for the
broken and beloved to gather.*



Wednesdays at 6:00pm

Be sure to check the Lyndale Community Dinner Facebook and Nextdoor accounts for the most up-to-date information regarding meals, special guests, and additional programming. Something is always a little different each Wednesday, so please keep yourself informed and tell your neighbors!

Contact Church Office at
(612) 824-1017



Value Challenge

Grant funds are still available from the Epiphany Legacy Fund! You can apply for a grant of **up to \$500** if your ministry project or event directly relates to one of Zion's four core values: **Feasting Together, Caring Deeply, Creative Hospitality, and Growing in Faith and Relationship.** If you want to pitch an idea to be considered, contact a member of the Executive Team.